



- 1. Fill in the blank: If you did _____ you'd be the best husband/wife ever.
- 2. What are your favorite texts to get from me?
- 3. What are your least favorite texts to get from me?
- 4. In your opinion, what is the best time of day to have a good, deep conversation?
- 5. What do you think is your most used app on your phone? Now check your screen time report to see if you were right!
- 6. What are 2 recent fun memories you can think of that we shared together?
- 7. If you could change anything about your childhood, what would it be and why?
- 8. What is one thing you are really grateful that you learned at a young age?
- 9. What is one thing you wished you had learned earlier in life?
- 10. When you were a kid what were all the different things you wanted to be when you grew up?
- 11. If you could get rid of one of your work tasks forever, what would it be and why?
- 12. What is the best thing that has happened to you this week?
- 13. What is the worst thing that has happened to you this week?
- 14. What is 1 thing you really want to accomplish next year?
- 15. What is 1 thing you really want to avoid next year?
- 16. What is 1 thing you want to see happen in our marriage this year?
- 17. What is 1 way I can serve you better this year as your spouse?
- 18. What 3 words do you hope people use to describe you?
- 19. What 3 words would you use to describe me?
- 20. What 3 words would you use to describe our marriage?
- 21. What do you hope people see when they observe our marriage?
- 22. If you could fire anyone at your work who would it be and why?
- 23. If you could promote anyone at your work who would it be and why?
- 24. If you could hire anyone in the world to work with you (famous, talented,
- or just a friend or family member) who would it be and why?
- 25. What is your favorite time of day to have sex? Why?

- Rate this year so far on a scale from 1-10 with 1 being awful and 10 being the best year of your life. Why did you rate it that way?
- 27. What were the biggest factors that got you into your current career? How did you end up here?
- 28. If you were a musical instrument what would you be and why? Also share what you think your spouse would be and why.
- 29. What is something you did once that you would never do again?
- 30. What is one interesting fact about one of your grandparents?
- 31. What would you say is 1 interesting perk about being married to me?
- 32. What is something about me that has surprised you?
- 33. What fictitious place or world would you like to visit?
- What are your top 3 most commonly used emojis? Why do you like those?
- 35. In your opinion, what is the weirdest emoji?
- 36. What is one thing you repeatedly got into trouble about as a kid?
- 37. What's the best animal sound you can make?
- 38. What band or music would you be embarrassed to admit you listen to?
- What movie or show do you wish you could watch again for the first time?
- 40. How would you describe your job or season of life to a 5 year old?
- 41. What is the best thing you've bought or received this year?
- 42. What is one thing you appreciate that I do for you?
- 43. What is one thing you appreciate about the way I look?
- 44. What is one thing you appreciate that I do when it comes to intimacy?
- 45. What is one thing you appreciate about my mind?
- 46. Have you ever been mistaken for a famous person in public?
- 47. If you had a million dollars, what's the first thing you would buy?
- 48. What cartoon character were you afraid of as a kid?
- 49. When was a time when you were super lost?
- 50. Whether big or small, what was a time you were proud of yourself for making or completing something?



- 51. What is your favorite phone app?
- 52. What is one thing you wished I texted you more often?
- 53. If you could cancel 1 group chat on your phone what chat would it be and why?
- 54. If you could cancel 1 app worldwide what app would you cancel and why?
- Name one person we know who doesn't know Jesus. How would you explain the gospel to them in a way that you think would connect with them?
- For the people in your life that don't know Jesus, what do you think are their biggest obstacles to trusting in Jesus?
- 57. If you could eliminate one thing from your daily routine, what would it be and why?
- 58. What is something you wish more women understood about men?
- 59. What is something you wish more men understood about women?
- 60. If you could move any holiday, what holiday would it be and why? What date would you move it to?
- 61. What is your favorite type of hug? Describe the perfect hug.
- What is something you believed as a child that as an adult you found out wasn't true?
- 63. What are 3 rules you think every marriage should follow in order to have a good relationship?
- 64. What is something sexy I do that isn't overtly sexy?
- 65. What is the best video you've ever seen on YouTube? Why was it the best?
- 66. What is the funniest thing you've seen online this week?
- 67. What is the dumbest thing you've seen online this week?
- 68. What has been the most inspiring thing you've seen online this week?
- 69. Out of all of our friends, who is the most thought-provoking?
- 70. Out of all of our friends, who is the funniest?
- 71. Out of all of our friends, who is the wisest?
- 72. Out of all of our friends, who is the most spiritually mature?
- 73. Out of all of our friends, who would you call if you needed help?
- 74. Out of all of our friends, who is the most resourceful?
- 75. Which one of our friends would you want to have with us if there was an apocalypse?

- 76. Which one of our friends would you vote for Fresident of the United States?
- 77. What is one animal you wish didn't exist?
- 78. What animal is the cutest or coolest and why?
- 79. If you were to create an outreach at our church what would it be and why?
- 80. How have you seen God move this week?
- What is one thing you know God has assigned for you to do? How are you being obedient to that in this season?
- 82. If you could grow in a spiritual gift or discipline what would it be and why?
- 83. What is one of your proudest accomplishments?
- 84. When putting on your shoes, do you put your right or left shoe on first?
- 85. What is the best perk you have ever had at a job?
- 86. Would you rather have an unlimited gift certificate to a restaurant or a clothing store?
- 87. Would you rather have many good friends or one very best friend?
- 88. What is one attribute of your mother that you see in yourself?
- 89. What is one attribute of your father that you see in yourself?
- 90. How did your mother and father meet?
- 91. Is there anything about your parents' marriage that you appreciate and want us to emulate?
- 92. Is there anything about your parents' marriage that you don't want us to emulate?
- 93. Do you think you are hard on yourself? Why or why not?
- 94. What is your favorite smell?
- 95. What smell brings you back to your childhood?
- 96. What smell makes you think of college or your young adult life?
- 97. What smell could define our relationship?
- 98. What was your favorite toy as a kid?
- 99. What is the biggest downfall of aging in your opinion?
- 100. What do you think are some benefits of aging?



101.	When was the last time you cried? Why do you think that made you cry?
102.	Is there a personality trait that really irks you?
103.	Would you rather have morning sex for the rest of our lives or evening
	sex for the rest of our lives?
104.	Describe your perfect day off. Give me the play-by-play.
105.	When was the last time you surprised yourself? What happened?
106.	How do you know when I am upset? Is there any telltale sign?
107.	How do you know when I'm really happy or excited?
108.	What is the best thing that could happen to you this week?
109.	What is something you know God wants you to do this week?
110.	If someone was going to encourage you this week, how should they do it?
	Where do you need encouragement?
111.	Who can you encourage this week and how?
112.	Describe the best breakfast ever.
113.	What is your least favorite day of the week and why?
114.	Who is the humblest person you know? How do you think they got to be
115.	that way?
	What's one thing you didn't think you could ever learn but then you
116.	conquered it?
	Other than God, who is the person who has influenced your life the
117.	most?
	What makes you feel secure in life?
118.	What is one thing that makes you feel super loved?
119.	What is one thing that makes you feel unloved?
120.	What is your favorite thing to do with me?
121.	How much time do you think couples should spend together each week?
122.	If just you and I were to go on a vacation together what 3 things would
123.	you want it to include?
	Fill in the blank. Date night is not really date night without
124.	Fill in the blank. A marriage is not awesome without
125.	Fill in the blank. A couple is only as good as is.



Looking for more ways to refresh your marriage?

If your marriage is doing okay but could use a jumpstart, then this 5 Week Marriage Refresher Challenge is for you!

5 WEEK
MARRIAGE
REFRESHER

Is your marriage just coasting?

It's not bad, no pain points come to mind, but you're not growing closer and no real investments are being made.

This is exactly why we've created this challenge...

to help you put some life back into your marriage.

<u>Learn more here.</u>