



Instructions

- Print and cut out the cards on the black lines. Then you can do all sorts of things with the uplifting cards.
- Place the cards around your house so you can read and consider God's Word. Try to memorize the verses.
- Laminate the cards to make them last longer.



But let all who take **refuge** in you rejoice; let them shout for joy forever.
May you **Shelter** them, and may those who love your name boast about you.

-Psalm 5.11



"Lord, we take our refuge in you and we rejoice. It's in you and you alone that we can have joy always. Help us to fight for joy in our lives as a couple because we have you as our shelter. May we boast in your name and rejoice that we have you."

Now if any of you **lacks** wisdom, he should ask God-who gives to all **generously** and **ungrudgingly**- and it will be given to him. -James 1:5



"God, we lack wisdom without you, so we are asking you for it. You generously and ungrudgingly give wisdom to those who ask, so we ask for your wisdom in our marriage. Build wisdom in us so that we can be a wise couple."

Therefore, as God's **chosen** ones, holy and dearly loved, put on compassion, kindness, humility, gentleness, and patience, **bearing** with one another and forgiving one another if anyone has a grievance against another. Just as the Lord has **forgiven** you, so you are also to forgive. Above all, put on love, which is the perfect bond of unity. And let the **peace** of Christ, to which you were also called in one body, rule your hearts. And be **thankful**. -**Colorsians** 3:12-15



"God, thank you that we are chosen, holy, and dearly loved. Enable us to put on compassion, kindness, humility, gentleness, and patience, especially towards each other. Help us to bear with each other, forgiving just as you have forgiven us. Guide us to put on love in our marriage and bond us in perfect unity. Let the peace of Christ rule our hearts."

As iron **sharpens** iron, so a **friend** sharpens a **friend**.

-Proverby 21:11



"Lord, help us to sharpen each other as iron sharpens iron. Help us to be good friends to each other and to grow each other by speaking the truth in love. Remind us that we are meant to sharpen each other, and help us to take each other's corrections well."

So we do not **iocus** on what is seen, but on what is unseen. For what is seen is **temporary**, but what is unseen is **eternal**.

-2 Counthians 4:18



"God, empower us to focus not on what is seen, but on what is unseen. We know that what is seen is temporary and what is unseen is eternal. Give us an eternal perspective. Fix our eyes on you."

Therefore, **coniess** your sins to one another and **pray** for one another, so that you may be **healed**. The prayer of a **righteous** person is very **powerful** in its effect.

-James 5:16



"Lord, enable us to confess our sins to each other and pray for each other. We want to be healed. We want our prayers to be powerful and effective. Help us to be comfortable with confession and to walk a repentant life together."

Be **devoted** to one another in love. **Honor** one another above yourselves. -Romans 12:10



"God, may we be devoted to one another in love. Help us to honor one another above ourselves. Guide us as we aim to live out Romans 12:10 in our marriage."

For this reason a man will **leave** his father and mother and be **united** to his wife, and two will become **one** flesh.

-Ephesians 5:31



"God, give us the strength to put the other things of this world as secondary to our marriage, even our extended family. Empower us to leave the things we need to leave in order to be united together. When we forget it, remind us that the two of us are one flesh. Help us to be united as a couple. Build unity into our marriage."

Submit to one another out of **reverence** for Christ. -Ephesians 5:21



"God, increase our reverence for you. Allow us to submit to each other out of reverence for Christ. We want to be a couple full of mutual love and respect. Please help us to do that. Help us to revere you above all else."

For I want very much to see you, so that I may impart to you some **Spiritual gift** to strengthen you, that is, to be mutually **encouraged** by each other's faith, both yours and mine.

-Romans 1:11-12



"Lord, help us to be a couple that uses our spiritual gifts to strengthen each other. Empower us to be mutually encouraged by each other's faith."

My dear brothers and sisters, **understand** this: Everyone should be **quick** to listen, **slow** to speak, and **slow** to anger.

-James 1:19



"God, align our hearts to be quick to listen, slow to speak, and slow to anger. May our marriage be marked by listening, seeking to understand each other, and grace."

The one who walks with the **Wise** will become **Wise**, but a companion of fools will **suffer** harm.

-Proverbs 13:20



"Lord, we know one who walks with the wise will become wise. We know who we spend time with matters. Help us to walk with the wise and become wise. Bless us with friends who love you and your wisdom. Guide us to be smart about the people who we surround ourselves with."

Jesus replied, 'You must love the Lord your God with **all** your **heart**, all your **soul**, and all of your **mind**.'

-Matthew 22:31



"God, we want to love you with all our heart, soul, and mind. Increase our love for you and grow us to be a couple that loves you with all our hearts, souls, and minds."

How **delightful** your caresses are, my sister, my bride. Your caresses are much **better** than wine, and the fragrance of your perfume than any balsam.

-Song of Songs 4:10



"God, you have given us the gift of sex and we are grateful. There is a whole book in your Word describing the pleasures of sex between husband and wife within the marriage covenant. Help us to delight in each other's caresses and to enjoy intimacy with each other. Help us to look at this gift with delight and fulfill each other in ways no other earthly things can."

You are the **light** of the world. A city situated on a hill **Cannot** be **hidden**. No one lights a lamp and puts it under a basket, but rather on a lampstand, and it gives **light** for all who are in the house. In the same way, let your light **shine** before others, so that they may see your good words and give **glory** to your Father in heaven.

-Matthew 5:14-16



"God, help our marriage to be a light to the world. May we shine it before others. Let us not hide the holy and bright parts of our lives. We ask that you shine through us and strengthen our ministry to those around us."

Shepherd God's flock among you, not overseeing out of **compulsion** but **willingly**, as God would have you; not out of **greed** for money but eagerlyl not lording it over those **entrusted** to you, but being **examples** to the flock.

-1 Peter, 5:2-3



"Lord, protect us from greed for money. Allow us to shepherd the flock before us well. Help us to be an example to the people in front of us and live a willingly generous life. Give us the strength to lead as servant leaders."

The point is this: The person who sows **sparingly** will also reap **sparingly**, and the person who sows **generously** will also reap **generously**. Each person should do as he has decided in his heart- not reluctantly or out of **compulsion**, since God loves a **cheerful giver**. And God is able to make every grace overflow to you, so that in every way, **always** having everything you **need**, you may excel in every good work.

-2 Counthians 9:6-8



"God, give us hearts to sow generously and be cheerful givers. Align our hearts with yours when it comes to generosity. Show us where you want us to give and how much. Make every grace overflow to us so that we may excel in every good work."

Marriage should be **honored** by all, and the marriage bed kept **pure** for God will judge the adulterer and **all** the sexual immoral.

-ttebrews 13:4



"Lord, we know and believe that marriage should be honored by all and the marriage bed be kept pure. Align our hearts with your good plan and help us to honor our marriage. Protect us from sexual immorality and help us to keep our marriage bed pure. Give us eyes only for each other."

Let no **COTTUPTING** talk come out of your mouths, but **ONLY** such as is good for **DUILDING** up, as fits the occasion, that it may give **GRACE** to those who hear.

-Ephesians 4:29



"God, in our marriage, let no corrupt talk come out of our mouths. Help us to use only words that are good for building each other up. May our words to each other and about each other give grace. Even when we are speaking about each other to others, guide our words and help us to not talk harshly."

I am the vine; you are the branches. The one who **remains** in me and I in him produces **much fruit**, because you can do **nothing** without me.

-John 15:5



"God you are the vine and we are the branches. We can do nothing without you. Thank you for being with us. Empower us to remain in you and you in us so that we can produce good fruit. As a couple, help us to abide in you and you alone."

A **fool's** way is right in his own eyes, but whoever **listens** to **counsel** is wise.

-Proverbs 12:15



"God, we know that whoever listens to counsel is wise. We don't want to be like a fool whose way is right in his own eyes. Surround us with wise counsel and help us to listen to it. We ask specifically that you surround us with a few wise couples whose marriages reflect you. Guide us to wise people who love you and open our ears and hearts to the counsel they have for us."

Though the fig tree does not **bud** and there is **no fruit** on the vines, and the fields **produce** no food, though the flocks **disappear** from the pen and there are **no** herds in the stalls, yet I will **celebrate** in the Lord; I will **rejoice** in the God of my salvation!

- Habakkyk 3:17-18



"Lord, no matter what season we are in or what is going on in our lives we know that we have a reason to worship you. In every season, we will celebrate in the Lord. We will rejoice in the God of our salvation. Help us to be a couple that praises and worships you in every season."

They **devoted** themselves to the apostles' **teaching**, to the **tellowship**, to the **breaking of bread** and to **prayer**.

-Acts 2:42



"Lord, thank you that we are able to gather with our church body. Encourage us to be devoted to our local church and commit to the teaching, fellowship, breaking of bread, and prayer there together. Guide us as we devote ourselves to our church."

How happy is the one who does not walk in the advice of the Wicked or stand in the pathway with sinners or sit in the Company of mockers! Instead, his delight is in the Lord's instruction, and he meditates on it day and night. He is like a tree planted beside flowing streams and its leaf does not wither. Whatever he does prospers.

-Psalm 1:1-3



"God we delight in your instruction. We want to meditate on it day and night. Help us to take your word seriously and to grow in our knowledge of you from your word. Protect us from walking in the advice of the wicked."

But the **Wisdom** from above is first **pure**, then **peace-loving**, **gentle**, **compliant**, full of **mercy** and **good fruits**, **unwavering**without **pretense**. And the fruit of **righteousness** is sown in peace by those who cultivate **peace**.

-James 3:17-18



"Lord your wisdom is pure, peace-loving, gentle, compliant, full of mercy and good fruits, unwavering, without pretense. Help us to follow this pure wisdom in our marriage. Give us the fruit of righteousness in our relationship and help us to cultivate peace in our home."

Do nothing out of **selfish ambition** or **conceit**, but in **humility** consider others as **more important** than yourselves. Everyone should look not to **his OWN** interests, but rather to the interests **Of Others.** Adopt the same attitude as that of **Christ Jesus.**-Philippians 2:3-5



"God, help us to do nothing out of selfish ambition or conceit. In our marriage, may both of us consider the other as more important than ourselves. Empower us to look to each other's interest and not our own. Give us the same attitude as that of Christ Jesus."

Two are **better** than one because they have a **good reward** for their efforts. For if either **falls**, his companion can **lift** him up; but pity the one who falls **without** another to lift him up.

-Ecclesiastes 4:9-10



"Lord, thank you for giving us each other. When either of us falls, may we be the companion that lifts them up. Help us to be a couple that emulates that two is better than one. Empower us to be better together. Help us to support each other well."

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